

The Basics of Saving and Budgeting

Name: _____ Date: _____

People who are “good with money” don't necessarily have a lot of it. What they possess are discipline and purposeful money habits. Need a hand getting started? Watch the video “[Steps to Better Money Habits \(3:25\)](#)”. Take notes and identify the steps you can take to get “smart” with your money. Describe ways that these smart money steps can help you live comfortably and securely. (Source: www.bettermoneyhabits.com)

The Four Steps to Becoming Financially Savvy

Step 1: _____

Step 2: _____

Step 3: _____

A) _____

B) _____

Step 4: _____

Summary

Being _____ with money starts with _____ money _____.

Apply to your own life

Describe how you can start today and be more strategic with respect to (1) budgeting, (2) saving, and (3) spending.